



AWANA GARDEN

*Farm to Table*

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## Source, Soups and Sustainability

*A hot pot meal in the cool mountain air is one of the most pleasurable dining experiences to be had, especially if it is at Awana Garden Hotpot, with its sustainability, farm-to-table concept and exciting soup bases.*

*Striving to elevate the steamboat experience, Awana Garden Hotpot promises to serve up the best of everything, from the crispest vegetables, freshest seafood, most tender meat, and in-house pastes of the highest quality.*

*A large part of the fresh produce on the menu comes from the Atrium Greenhouse within the resort itself, while the farm-to-table concept is further emphasized by the use of ingredients gleaned from the forest trails of Awana.*

*Awana Garden Hotpot has designed a selection of outstanding soups which will further elevate the steamboat experience. Savour them and taste the difference, knowing you have partaken of food grown fresh for you, and prepared in the way which captures the essence of sustainable dining.*

## 食材来源, 汤底与可持续性

在凉爽的山间空气中享用火锅是最令人愉悦的用餐体验之一, 尤其是在阿娃娜密苑火锅, 它具有可持续性、从农场到餐桌的概念和令人胃口大开的汤底。

阿娃娜密苑火锅致力于提升食客的火锅体验, 承诺提供最好的一切, 从最脆的蔬菜、最新鲜的海鲜、最嫩的肉, 到最优质的自制酱料。

菜单上的大部分新鲜农产品来自度假村内的温室, 而使用从阿娃娜森林小径收集的食材进一步强调了从农场到餐桌的概念。

阿娃娜密苑火锅创设了一系列的出色汤品, 将进一步提升火锅体验。体验并品尝其不同之处, 让您深切了解我们为您新鲜种植食物的苦心, 并以捕捉可持续餐饮精髓的方式准备。





## HOTPOT SOUP BASES

EXCLUSIVELY AT AWANA /

阿娃娜独家



### Awana Gear Box Special

A high protein content soup derived from slow-boiled beef bones with local aromatics and Malaysian spices. Good for digestion and gut health.

### 阿娃娜独家创制：“动力之盒”

一种高蛋白含量的汤，由慢煮牛骨和本地草药香料和调味品烹制而成。  
有利于消化和肠道健康

### Nyonya Secrets Broth

A Nyonya/Straits Chinese-derived soup which is a blend of slow-simmered broth, coconut milk and tamarind pulp.

### 娘惹咖喱叻沙

娘惹咖喱叻沙由慢炖肉汤、椰奶和罗望子果肉混合而成。







### Collagen Essence

A clear, rich broth procured from a long, slow-boiling process, using chicken feet, bones and stewing meat to produce a soup of the highest protein content.

### 胶原蛋白精华

一种清澈、浓郁的肉汤，采用长时间慢煮的过程，使用鸡爪、骨头和炖肉烹制成蛋白质含量最高的汤

### Oriental Herb Medley

An Oriental combination of slow-cooked chicken infused with the Chinese herbs yok chok and tong sum, together with wolfberries, red dates and Genting wild tea. This preparation helps in the cleansing of blood, and the balancing of energy or qi.

### 养生药材汤

东方风味的慢炖鸡肉搭配中草药玉竹和汤心，以及枸杞、红枣和云顶野茶。这种制剂有助于清洁血液，平衡能量或气。





## HOTPOT SAUCES

Enjoy unlimited  
condiments for  
just RM5 per person.

每位只需 RM5 即可享用无  
限量的调味品



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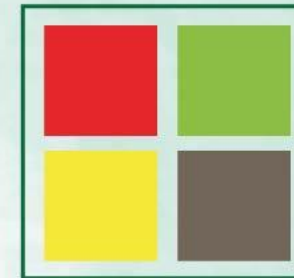




Single Pot 单锅



Twin Pot 鸳鸯锅



Quart Pot 四季锅

Soup Selection 汤底	Price/ 价格 (RM)		
	Single Pot/ 单锅	Twin Pot/ 鸳鸯锅	Quartet Pot/ 四季锅
Awana Beef Gear Box Special 阿娃娜“动力之盒”牛骨汤	68	48	38
Nyonya Secrets Broth 娘惹咖喱叻沙	68	48	38
Collagen Essence 胶原蛋白精华	68	48	38
Oriental Herb Medley (Normal/Vegetarian) 养生药材汤 (普通/素食)	48	38	28

Ginger and White Peppercorn  
姜白胡椒汤

68

48

38

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## FROM THE ATRIUM GREENHOUSE TO YOUR TABLE

There can be no fresher vegetables than the ones which you select from our very own Greenhouse located within Awana Garden Hotpot. Grown under the highest standards, using the latest technology, our vegetables promise to be sweeter, fresher and crisper than any other option. Try it yourself and be amazed!

## 从中央温室到您的餐桌

没有比您从位于阿娃娜密苑火锅的自家温室中挑选的蔬菜更新鲜了。  
在最高标准下种植,使用最新技术,我们的蔬菜保证比任何其他选择都更甜、更新鲜、更脆。  
亲自尝试一下, 包管您惊喜满满!



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## THE VERY BEST OF GREENHOUSE 温室里的新鲜蔬菜

RM10  
Each 每份

Red Butterhead 红叶牛油生菜

Red Batavia 红巴达维亚生菜

Red Coral 红珊瑚生菜

Red Romaine 红罗马生菜

Red Oakleaf 红叶生菜

Red Frisee 红九芽生菜

Mixed Amaranth 红苋菜

Fan Pak Choy 白菜

Wawa 娃娃菜

Summer Crisp 夏季酥脆蔬菜

Green Batavia 青巴达维亚生菜

Green Butterhead 青叶牛油生菜

Green Oakleaf 青叶生菜

Green Frisee 青九芽生菜

Endive 苣荬菜

Midi Romaine 长叶罗马生菜

Mini Cos 油麦

Green Romaine 青罗马生菜

\*Depends on vegetables availability  
\*视蔬菜供应状况而定

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## AWANA GARDEN BASKET / 阿娃娜密苑火锅美食篮

All basket serves 4-6 people  
每份美食篮可供 4-6 人使用



Awana Garden Vegetable Basket / 40  
阿娃娜密苑蔬菜篮

Awana Garden Basket with Meat / 110  
阿娃娜密苑鲜肉篮

Awana Garden Basket with Seafood / 175  
阿娃娜密苑海鲜篮





# VEGETABLES

## 蔬菜



Lady Finger 羊角豆	
Half portion 半份	<b>4</b>
Full portion 整份	<b>8</b>
Chinese Cabbage 白菜	
Half portion 半份	<b>4</b>
Full portion 整份	<b>8</b>

White Radish 白萝卜	
Half portion 半份	<b>5</b>
Full portion 整份	<b>10</b>
Lotus Root 莲藕	
Half portion 半份	<b>6</b>
Full portion 整份	<b>12</b>

Baby Corn 玉米笋	
Half portion 半份	<b>4</b>
Full portion 整份	<b>8</b>
Young Corn 玉米	
Half portion 半份	<b>5</b>
Full portion 整份	<b>10</b>



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## SPECIALITY PLATTER

特色拼盘



Assorted Seafood Platter  
什锦海鲜拼盘 145

Meat Platter  
肉类拼盘 80

Paste Platter  
丸滑拼盘 50

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## SPECIALITY HOMEMADE PASTE / 特色自制丸滑



Fish Paste /  
鱼滑

18

Squid Paste /  
苏东滑

10

Prawn Paste /  
虾滑

28

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## CRUSTACEANS

甲壳类食材



### SEAFOOD 海鲜类

Glass Prawn 草虾	
Half portion 半份	25
Full portion 整份	50

### FISH 鱼类

Toman Fish 托曼鱼	
Half portion 半份	20
Full portion 整份	40

### SHELLFISH 贝壳类

Green Mussels 青口贝		Surf Clam 蛤蜊	
Half portion 半份	26	Half portion 半份	12
Full portion 整份	52	Full portion 整份	24
Scallop 扇贝		Squid 苏东	
Half portion 半份	28	Half portion 半份	30
Full portion 整份	56	Full portion 整份	60
Baby Octopus 小章鱼			
Half portion 半份	20		
Full portion 整份	40		

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## POULTRY 鸡肉

Sliced Chicken Breast 鸡胸肉切片	
Half portion 半份	10
Full portion 整份	20
Sliced Chicken Thigh 鸡二度切片	
Half portion 半份	10
Full portion 整份	20

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## BEEF AND LAMB

牛肉与羊肉



Black Angus - Grain Fed 安格斯黑牛	
Half portion 半份	32
Full portion 整份	64

Beef Lung 牛肺	
Half portion 半份	8
Full portion 整份	16

Beef Tendon 牛筋	
Half portion 半份	12
Full portion 整份	24

Australian Lamb Striploin 澳大利亚里脊羊肉	
Half portion 半份	28
Full portion 整份	56



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## MUSHROOMS / 菌菇类

Black Fungus / 黑木耳	
Half portion / 半份	5
Full portion / 整份	10

White And Hon Shimeji / 鸿禧菇	
Half portion / 半份	5
Full portion / 整份	10
Oyster Mushroom / 秀珍菇	
Half portion / 半份	5
Full portion / 整份	10
King Oyster Mushroom / 杏鲍菇	
Half portion / 半份	8
Full portion / 整份	16

Button Mushroom / 双孢蘑菇	
Half portion / 半份	10
Full portion / 整份	20
Shitake Mushroom / 香菇	
Half portion / 半份	8
Full portion / 整份	16
Enoki Mushroom / 金针菇	
Half portion / 半份	4
Full portion / 整份	10

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# RICE AND NOODLES

饭与面



Broad Potato Vermicelli 红薯粉	
Half portion 半份	8
Full portion 整份	16
Glass Noodle 粉丝	
Half portion 半份	4
Full portion 整份	8
Udon Noodle 乌冬	
Half portion 半份	6
Full portion 整份	12
Lamian Noodle 拉面	
Half portion 半份	6
Full portion 整份	12

Deep-fried Mantou 炸馒头	
Half portion 半份	6
Full portion 整份	12
Rice Cake 年糕	
Half portion 半份	8
Full portion 整份	16
Rice 白饭	
Per Bowl (每碗)	3

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## BEAN CURD

豆腐类



Cheese Seafood Tofu 芝士海鲜豆腐	
Half portion 半份	10
Full portion 整份	20

Fried Bean Curd Skin 炸豆腐皮	
Half portion 半份	5
Full portion 整份	10
Bean Curd Strip 豆腐皮	
Half portion 半份	8
Full portion 整份	16
White Bean Curd 白豆腐	
Half portion 半份	4
Full portion 整份	8
Bentong Bean Curd 文冬豆腐	
Half portion 半份	5
Full portion 整份	10

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## OTHERS 其他



Fried Fish Skin 炸鱼皮	
Half portion 半份	10
Full portion 整份	20
Quail Egg 鹌鹑蛋	
Half portion 半份	6
Full portion 整份	10

Pandan Omachi 大町期间	
Half portion 半份	15
Full portion 整份	30
Fish Roe Fortune Bag 鱼子福袋	
Half portion 半份	15
Full portion 整份	30

Fruit Platter 水果拼盘	10
Lemongrass Jelly 香茅果冻	3
Chicken Egg (Each) 鸡蛋 (一粒)	3

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# DRINKS

饮品类

TEA SELECTION 茶类	
Bentong Old Ginger 文冬老姜	8
CUP 杯	
Chinese Tea 中国茶	5
Jasmine Tea 茉莉花茶	12
Earl Grey 伯爵茶	12
English Breakfast 英式早餐茶	12
Darjeeling 大吉岭茶	12
POT 壶	
Green Tea 绿茶	15
Chrysanthemum Tea 菊花茶	20
Gohtong Puer Tea 梧桐普洱茶	20

AQUA 矿泉水	
Mineral Water 矿泉水	6
Perrier Water 沛绿雅矿泉水	15
Evian Water 依云天然矿泉水	14
Evian 1 Litre 依云天然矿泉水 1升	25



	Glass 杯	Jug 瓶
Green Apple Juice 青苹果汁	15	50
Fresh Orange Juice 新鲜橙汁	15	50
Fresh Watermelon Juice 新鲜西瓜汁	15	40
Fresh Watermelon Juice with Longan / Lychee 配荔枝或龙眼	17	50

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## DRINKS

饮品类

COFFEE SELECTION 咖啡选择		
	Single 单发	Double 双枪
Espresso 浓缩咖啡	8	14
Americano 美式咖啡	14	-
Cappuccino 卡布奇诺咖啡	18	-
Latte 拿铁咖啡	18	-
Mocha 摩卡咖啡	18	-

SOFT DRINKS 有汽饮料	
Coca Cola 可口可乐	10
Coke Zero 零糖可口可乐	10
Sprite 雪碧可以	10
100 Plus 100号	10
Red Bull Gold 金罐红牛	10
Red Bull Tall 红牛能量饮料	18
Livita	10

HOT SPECIALTIES 热饮	
Teh Tarik 拉茶	8
Nescafe Tarik 雀巢	8
Kopi Tarik 咖啡	8
Milo Tarik 美禄	8
Hot Chocolate 热可可	8

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