



AWANA GARDEN

Farm to Table



Source, Soups and Sustainability

A hot pot meal in the cool mountain air is one of the most pleasurable dining experiences to be had, especially if it is at Awana Garden Hotpot, with its sustainability, farm-to-table concept and exciting soup bases.

Striving to elevate the steamboat experience, Awana Garden Hotpot promises to serve up the best of everything, from the crispest vegetables, freshest seafood, most tender meat, and in-house pastes of the highest quality.

A large part of the fresh produce on the menu comes from the Atrium Greenhouse within the resort itself, while the farm-to-table concept is further emphasized by the use of ingredients gleaned from the forest trails of Awana.

Awana Garden Hotpot has designed a selection of outstanding soups which will further elevate the steamboat experience. Savour them and taste the difference, knowing you have partaken of food grown fresh for you, and prepared in the way which captures the essence of sustainable dining.

食材来源, 汤底与可持续性

在凉爽的山间空气中享用火锅是最令人愉悦的用餐体验之一, 尤其是在阿娃娜密苑火锅, 它具有可持续性、从农场到餐桌的概念和令人胃口大开的汤底。

阿娃娜密苑火锅致力于提升食客的火锅体验, 承诺提供最好的一切, 从最脆的蔬菜、最新鲜的海鲜、最嫩的肉, 到最优质的自制酱料。

菜单上的大部分新鲜农产品来自度假村内的温室, 而使用从阿娃娜森林小径收集的食材进一步强调了从农场到餐桌的概念。

阿娃娜密苑火锅创设了一系列的出色汤品, 将进一步提升火锅体验。体验并品尝其不同之处, 让您深切了解我们为您新鲜种植食物的苦心, 并以捕捉可持续餐饮精髓的方式准备。



HOTPOT SOUP BASES

EXCLUSIVELY AT AWANA

阿娃娜独家



Awana Gear Box Special

A high protein content soup derived from slow-boiled beef bones with local aromatics and Malaysian spices. Good for digestion and gut health.

阿娃娜独家创制：“动力之盒”

一种高蛋白含量的汤，由慢煮牛骨和本地草药香料和调味品烹制而成。
有利于消化和肠道健康

Nyonya Secrets Broth

A Nyonya/Straits Chinese-derived soup which is a blend of slow-simmered broth, coconut milk and tamarind pulp.

娘惹咖喱叻沙

娘惹咖喱叻沙由慢炖肉汤、椰奶和罗望子果肉混合而成。





Collagen Essence

A clear, rich broth procured from a long, slow-boiling process, using chicken feet, bones and stewing meat to produce a soup of the highest protein content.

胶原蛋白精华

一种清澈、浓郁的肉汤，采用长时间慢煮的过程，使用鸡爪、骨头和炖肉烹制成蛋白质含量最高的汤

Oriental Herb Medley

An Oriental combination of slow-cooked chicken infused with the Chinese herbs yok chok and tong sum, together with wolfberries, red dates and Gending wild tea. This preparation helps in the cleansing of blood, and the balancing of energy or qi.

养生药材汤

东方风味的慢炖鸡肉搭配中草药玉竹和汤心，以及枸杞、红枣和云顶野茶。这种制剂有助于清洁血液，平衡能量或气。



**SPECIAL
PROMOTION**


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White Tom Yam

Thai origin soup, effective in healing cough and digestive problems, The herbs is even good for fighting against inflammation caused by illness or ailment.

白冬阴功

泰式酸辣汤, 有效治疗咳嗽和消化问题, 草药甚至有助于对抗因疾病或不适引起的炎症。



	Price 价格 (RM)	
Single Pot 单锅	Twin Pot 鸳鸯锅	Quarter Pot 四季锅
68	48	38

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HOTPOT SAUCES

Enjoy unlimited
condiments for
just RM5 per person.

每位只需 RM5 即可享用无
限量的调味品



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Single Pot 单锅



Twin Pot 鸳鸯锅



Quart Pot 四季锅

Soup Selection 汤底	Price 价格 (RM)		
	Single Pot 单锅	Twin Pot 鸳鸯锅	Quartet Pot 四季锅
Awana Beef Gear Box Special 阿娃娜“动力之盒”牛骨汤	68	48	38
Nyonya Secrets Broth 娘惹咖喱叻沙	68	48	38
Collagen Essence 胶原蛋白精华	68	48	38
Oriental Herb Medley (Normal/Vegetarian) 养生药材汤 (普通/素食)	48	38	28

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FROM THE ATRIUM GREENHOUSE TO YOUR TABLE

There can be no fresher vegetables than the ones which you select from our very own Greenhouse located within Awana Garden Hotpot. Grown under the highest standards, using the latest technology, our vegetables promise to be sweeter, fresher and crisper than any other option. Try it yourself and be amazed!

从中央温室到您的餐桌

没有比您从位于阿娃娜密苑火锅的自家温室中挑选的蔬菜更新鲜了。
在最高标准下种植,使用最新技术,我们的蔬菜保证比任何其他选择都更甜、更新鲜、更脆。
亲自尝试一下, 包管您惊喜满满!



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THE VERY BEST OF GREENHOUSE 温室里的新鲜蔬菜

RM10
Each 每份

Red Butterhead 红叶牛油生菜

Red Batavia 红巴达维亚生菜

Red Coral 红珊瑚生菜

Red Romaine 红罗马生菜

Red Oakleaf 红叶生菜

Red Frisee 红九芽生菜

Mixed Amaranth 红苋菜

Fan Pak Choy 白菜

Wawa 娃娃菜

Summer Crisp 夏季酥脆蔬菜

Green Batavia 青巴达维亚生菜

Green Butterhead 青叶牛油生菜

Green Oakleaf 青叶生菜

Green Frisee 青九芽生菜

Endive 茼蒿菜

Midi Romaine 长叶罗马生菜

Mini Cos 油麦

Green Romaine 青罗马生菜

*Depends on vegetables availability
*视蔬菜供应状况而定

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AWANA GARDEN BASKET

阿娃娜密苑火锅美食篮

All basket serves 4-6 people
每份美食篮可供 4-6 人使用



Awana Garden Vegetable Basket
阿娃娜密苑蔬菜篮

40

Awana Garden Basket with Meat
阿娃娜密苑鲜肉篮

110

Awana Garden Basket with Seafood
阿娃娜密苑海鲜篮

175



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VEGETABLES

蔬菜

Lady Finger 羊角豆	
Half portion 半份	4
Full portion 整份	8
Chinese Cabbage 白菜	
Half portion 半份	4
Full portion 整份	8
Ice Vegetable 冰菜	
Half portion 半份	20
Full portion 整份	40



White Radish 白萝卜	
Half portion 半份	5
Full portion 整份	10
Lotus Root 莲藕	
Half portion 半份	6
Full portion 整份	12

Baby Corn 玉米笋	
Half portion 半份	4
Full portion 整份	8
Young Corn 玉米	
Half portion 半份	5
Full portion 整份	10



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SPECIALITY PLATTER

特色拼盘



Assorted Seafood Platter
什锦海鲜拼盘

145

Meat Platter
肉类拼盘

80

Paste Platter
丸滑拼盘

50

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SPECIALITY HOMEMADE PASTE

特色自制丸滑



Fish Paste 18
鱼滑

Squid Paste 10
苏东滑

Prawn Paste 28
虾滑

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CRUSTACEANS

甲壳类食材



SEAFOOD 海鲜类

Glass Prawn 草虾	
Half portion 半份	25
Full portion 整份	50

SHELLFISH 贝壳类

Green Mussels 青口贝		Surf Clam 蛤蜊	
Half portion 半份	26	Half portion 半份	12
Full portion 整份	52	Full portion 整份	24
Scallop 扇贝		Squid 苏东	
Half portion 半份	28	Half portion 半份	30
Full portion 整份	56	Full portion 整份	60
Baby Octopus 小章鱼			
Half portion 半份	20		
Full portion 整份	40		

FISH 鱼类

Toman Fish 托曼鱼	
Half portion 半份	20
Full portion 整份	40

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POULTRY 鸡肉

Sliced Chicken Breast 鸡胸肉切片	
Half portion 半份	10
Full portion 整份	20
Sliced Chicken Thigh 鸡二度切片	
Half portion 半份	10
Full portion 整份	20

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BEEF AND LAMB

牛肉与羊肉



Black Angus - Grain Fed 安格斯黑牛	
Half portion 半份	32
Full portion 整份	64

Beef Lung 牛肺	
Half portion 半份	8
Full portion 整份	16

Beef Tendon 牛筋	
Half portion 半份	12
Full portion 整份	24

Beef Tripe 牛肚	
Half portion 半份	8
Full portion 整份	16

Australian Lamb Striploin 澳大利亚里脊羊肉	
Half portion 半份	28
Full portion 整份	56



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MUSHROOMS

菌菇类



Black Fungus 黑木耳	
Half portion 半份	5
Full portion 整份	10

White And Hon Shimeji 鸿禧菇	
Half portion 半份	5
Full portion 整份	10
Oyster Mushroom 秀珍菇	
Half portion 半份	5
Full portion 整份	10
King Oyster Mushroom 杏鲍菇	
Half portion 半份	8
Full portion 整份	16

Button Mushroom 双孢蘑菇	
Half portion 半份	10
Full portion 整份	20
Shitake Mushroom 香菇	
Half portion 半份	8
Full portion 整份	16
Enoki Mushroom 金针菇	
Half portion 半份	5
Full portion 整份	10

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RICE AND NOODLES

饭与面



Broad Potato Vermicelli 红薯粉	
Half portion 半份	8
Full portion 整份	16
Glass Noodle 粉丝	
Half portion 半份	4
Full portion 整份	8
Udon Noodle 乌冬	
Half portion 半份	6
Full portion 整份	12
Lamian Noodle 拉面	
Half portion 半份	6
Full portion 整份	12



Deep-fried Mantou 炸馒头	
Half portion 半份	6
Full portion 整份	12
Rice Cake 年糕	
Half portion 半份	8
Full portion 整份	16
Rice 白饭	
Per Bowl (每碗)	3

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BEAN CURD

豆腐类



Fried Bean Curd Skin 炸豆腐皮	
Half portion 半份	5
Full portion 整份	10
Bean Curd Strip 豆腐皮	
Half portion 半份	8
Full portion 整份	16
White Bean Curd 白豆腐	
Half portion 半份	4
Full portion 整份	8
Bentong Bean Curd 文冬豆腐	
Half portion 半份	5
Full portion 整份	10

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OTHERS

其他



Fried Fish Skin 炸鱼皮	
Half portion 半份	10
Full portion 整份	20
Quail Egg 鹌鹑蛋	
Half portion 半份	6
Full portion 整份	10

Fruit Platter 水果拼盘	10
Lemongrass Jelly 香茅果冻	3
Chicken Egg (Each) 鸡蛋 (一粒)	3

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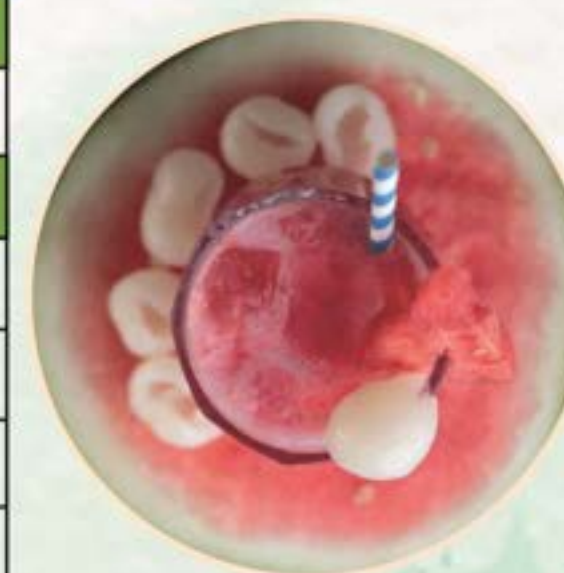
DRINKS

饮品类



TEA SELECTION 茶类	
Bentong Old Ginger 文冬老姜	8
CUP 杯	
Chinese Tea 中国茶	5
POT 壶	
Green Tea 绿茶	15
Chrysanthemum Tea 菊花茶	20
Gohtong Puer Tea 梧桐普洱茶	20

REFRESHING JUICES 新鲜果汁		
Fresh Young Coconut 椰子	15	
	Glass 杯	Jug 瓶
Green Apple Juice 青苹果汁	15	50
Fresh Orange Juice 新鲜橙汁	15	50
Fresh Watermelon Juice 新鲜西瓜汁	15	40
Fresh Watermelon Juice with Longan / Lychee 配荔枝或龙眼	17	50



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DRINKS

饮品类

SOFT DRINKS 有汽饮料	
Coca Cola 可口可乐	8
Coke Zero 零糖可口可乐	8
7 Up 七喜	8
100 Plus 100号	8
Red Bull Gold 金罐红牛	10
Red Bull Tall 红牛能量饮料	18
Livita	10

GLACEAU VITAMIN WATER Glaceau 维他命水	
Choice of Essential, Power-C, Restore or Triple Berry 口味包括: Essential, Power-C, Restore 或 Triple Berry	10

AQUA 矿泉水	
Mineral Water 矿泉水	6
Perrier Water 沛绿雅矿泉水	15
Evian Water 依云天然矿泉水	14
Evian 1 Litre 依云天然矿泉水 1升	25

HOT SPECIALTIES 热饮	
Teh Tarik 拉茶	8
Nescafe Tarik 雀巢	8
Kopi Tarik 咖啡	8
Milo Tarik 美禄	8
Hot Chocolate 热可可	8

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Wheatgrass Drinks Specialties

Wheatgrass is a superfood packed with nutrients and antioxidants. It may help boost your immune system, aid in digestion, and give you energy.



Wheatgrass
Shooter
10



Wheatgrass
"Teh Tarik"
15



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